

MESSAGES FROM OUR MEMBERSHIP, BEACH AND ACTIVITY CHAIRS

Association Membership Information

- You can apply and pay for your membership online (2024 Membership Application) or print the attached 2024 Membership Form and return it to Ron Fernandes by June 22. We had 494 paid members last year – thank you for your continued support. The most significant portion of our budget goes to paying the beach staff, property insurance, raft maintenance, and beach cleaning.
- Do you know someone who lives within the boundaries of SBIA but is not a member? Please **inform neighbors** who do not belong to the Association of the many benefits of being a member. New Silver is a unique Cape community, beloved for our beach and engaged social community. The Association works hard to maintain and improve the area, which increases the value of all homes in the neighborhood. It is in the best interest of all homeowners to help with this effort.
- Association Summer Kick-Off Meeting, May 22: We will discuss association business and answer your questions. Your input is welcome and valuable. We will meet outdoors at the NSB Tennis Courts. The meeting starts at 10:00 am.
- Association Annual Meeting, August 24: We will discuss the Association's end-of-theyear business, and the nomination committee will bring the board slate for 2025. Your input is welcome and valuable. We will meet outdoors at the NSB Tennis Courts. The meeting starts at 10:00 am. This meeting is our official annual meeting and is open to 2024 Members only.

Beach Committee Update – Sarah Maxwell

We are excited for this year's summer and our team of lifeguards for this year. As lifeguards return and new lifeguards are hired, we will update the Beach Info webpage on our SBIA Website.

The Beach Staff will kick off the season on June 24! We look forward to a summer of fun activities, including swim lessons, aerobics classes, beach races, and the Horribles Parade.

- Swim Lessons, June 24 thru August 16: Swim lessons begin on Monday, June 24, and are for SBIA members ONLY. Lessons are given Monday through Friday. You can find more information on swim class descriptions and register for lessons on the <u>Swim</u> Lessons webpage.
- Beach Races, July 3: An open invitation to all school-aged students in New Silver Beach to participate in the annual Beach races. Everyone is welcome, and prizes will be awarded! Meet at the Silver Beach Avenue beach entrance. *No sign-up is required.*
- Horribles Parade, July 4: A long-time July 4th tradition in New Silver Beach is the "Horribles" Parade. Meet at the corner of Arlington Street and Silver Beach Avenue at 10:00 am, dressed in your favorite costumes to start the parade!! So much fun! You can sign-up by individual or group and let us know the category of your entry to be judged. Complete the <u>2024 Horribles Parade Entry Form</u> to sign-up!
- Adult Water Aerobics beginning on July 9: If your fitness routine includes swimming, you can change your workout from the pool to an open-water swimming work out and get in a great swim workout without the walls of a pool. Open water aerobics is fun, different, and just as good for you as a swimming pool workout. Meet at the Silver Beach Avenue entrance on Tuesday and Friday mornings at 8:00 am. *No Sign-up is required.*

Member Activities & Events (Adults) – Karen Kullen and Denise Foss

Join your neighbors and friends at these fun events for Adults. We hope to have many of your favorites again this year and some new events too. Below are some of the planned highlights. (Check out the 2024 "new" events marked ♥!). You can review the SBIA Activities & Events webpage and Calendar webpage for dates and times for each event. To sign-up to Volunteer, complete the <u>SBIA Activities Volunteer Sign-up Form.</u>

- Beach Clean-up, June 22: Come down and show our beach some love with our annual kick-off to the season with a New Silver Beach Clean-up. The more members we have, the quicker we will have the beach ready for safe fun in the sun. We will meet at 9:00 am at the beach at the Ocean View entrance. Workers should bring their gloves. The beach clean-up generally takes a few hours. We will delegate clean-up crews for the beach and dunes, the beach entrances, the courts, and select areas outside the courts. We will also set up the Membership Table so you can pick up your 2024 Membership Cards. (Rain date: June 23). *No sign-up is required.*
- Association Summer Kick-Off and Welcome Party, June 22: This year's summer Welcome Party returns to our NSB Tennis Courts. Join the fun and meet with friends and neighbors to kick off the 2024 summer with a bang! The party starts at 7:00 pm and ends

at about 10:00 pm. We plan to have a cash "wine and beer" bar, appetizers, and dessert platters provided by the Adult Activities & Events Committee. *No sign-up is required.*

- SBIA Senior Pickleball (55 and up) beginning June 23: It's hard to believe that we are going into our eighth year of pickleball in New Silver Beach (the fastest-growing sport in the country!). Pickleball is a fun paddle sport that combines tennis, badminton, and pingpong elements. We have two Senior Pickleball Clubs for members 55 and older: Monday and Fridays will be the Intermediate group play and Sunday, Tuesday, and Thursday will be Upper Intermediate/Advanced group play. In order to participate, you must be over 55, a NSB member, and must know how to play the game. We play the United States Pickleball Association (USPA) Rules. CLICK HERE to review the USPA Rules. Registration and daily sign-up are required. You can REGISTER HERE for Senior Pickleball or use the form on the Senior SBIA Pickleball webpage. Please join the group that fits your level of play. All members wishing to play Senior SBIA Pickleball need to complete a registration form. We use the "TeamReach" app for daily sign-ups; you will receive instructions for TeamReach after completing the Pickleball Registration Form.
- NSB Gets Fit! beginning June 24: Our ever-popular boot camp-style fitness program is back for the NINTH year! Our NSB fitness program meets three times a week on Monday, Wednesday, and Friday from 8:00 am to 9:00 am at the NSB Tennis Courts (and sometimes on the beach!). This is an adult boot camp led by professional trainers. Three ways to sign-up ... 1) Online: <u>NSB Gets Fit!</u> 2) Call: (508) 495-6500 and 3) Venmo: @Jana-Faiky. You can purchase a 10-class card or pay as you go. The card is discounted for our Association Members. A 10-class card is \$169, or you can pay \$20 per class. Boot camp begins this year on June 26.
- Court Open Play beginning June 26: Suppose you want to go down to the courts to play or have a pickup game with your family or friends. In that case, SBIA has supplied its members a "Members" deck box located on Court #1 (shed side) with pickleballs, pickleball net, paddles, tennis racquets, tennis balls, and basketball. The sports equipment in the Member Box is for our members and their guests (we will replace no damaged or vandalized equipment). You will receive the combination to the lock on the Member box on your CONFIRMATION EMAIL WHEN YOU COMPLETE YOUR MEMBERSHIP APPLICATION. Court Open Play is Wednesdays and Saturdays from 9:00 am until dark and every other day from 11:15 am until dark. No sign-up is required.
- ♥ Cardio Boxing Class for TEENs and ADULTS Ages 12 and older Katie Asack will be leading a complimentary class on Thursday from 8 8:45 am on July 11th and July 25th Punch your way to a great workout. Designed for all fitness levels, this fun Cardio workout is for all fitness levels, and easy-to-follow moves make this a fun-filled workout! *No sign-up required.*
- NSB Pound Fit! For TEENS and ADULTS Ages 12 and older beginning on June 27: Katie Asack will be leading a complimentary class Thursday 8 am 8:45 am June 27th, July 18th, and August 1st Designed for all fitness levels, POUND® transforms

drumming into an incredibly full-body, FUN workout! NSB's own Katie Asack has taught various fitness classes for 15 years and has been certified in POUND® for eight years. She will provide everyone with lightly weighted drumsticks engineered specifically for exercising! We meet weekly at the tennis court. Please bring water and a yoga mat or towel. Drop-ins are WELCOME! *No sign-up required.*

- Illumination Night, July 20: Light Up the Night for our Annual Illumination Night on July 20. Show your NSB spirit and celebrate with our beach community as we continue the tradition of the home-decorating contest on Illumination Night. Prizes will be awarded for the best-decorated homes in New Silver Beach along with Ice Cream. Complete your 2024 Illumination Night Home Decorating Entry Form to win a prize. This will be a family event, so bring the whole family to enjoy the festivities.
- **NSB Adult Social, July 27:** SBIA will host an adults-only (over age 21) themed, fun social event on Saturday June 27th (rain date the following Saturday) at the NSB tennis courts. A cash bar (wine and beer) is also planned for the event. Final preparations are happening right now and will be shared with you as soon as they have been finalized. Please plan to join and share mid-summer stories with friends! *No sign-up required.*
- **Golf Outing, August 2:** The annual SBIA member golf tournament at the Cape Cod Country Club will be held on August 2. If you are interested in participating, email Jim Simmons at newsilverbeach@gmail.com. Open to all members of the Association.
- Adult (Over 21) Cornhole Tournament, August 10: Join the FUN at the annual Adult Corn Hole Tournament on August 10 at 6:00 pm. See you at the NSB Tennis Courts! Maybe your duo will be the 2024 Corn Hole Champions!! *No sign-up is required.*
- End of the Summer Cookout, August 24: Join us for one last summer hurrah down at the NSB Tennis Courts at 6:00 pm! All your BBQ favorites! Volunteers are needed, you can sign-up on the <u>SBIA Activities Volunteer Sign-up Form.</u>

Member Activities & Events (Children/Teens) – Kelly Strain, Katie Asack

Join your neighbors and friends at these fun events for kids and teens. We hope to have many of the favorites again this year and some new events too. (Check out the new 2024 events marked by ♥!). Below are some of the planned highlights. You can review the SBIA Activities & Events webpage and Calendar for dates and times for each event. We need volunteers, you can sign-up on the <u>SBIA Activities Volunteer Sign-up Form.</u>

• **Kids' Tennis Clinics TBD:** Unfortunately, Peter Walter will not be able to teach NSB Kids Tennis again this summer. We have reached out to other third parties and expect to have updated news soon to share with NSB membership. We do hope to bring this fun clinic back in some form. Stay tuned.

- Kid's Korner, June 28, July 19, July 26, August 2: Kids Korner is for our curious and creative kids. Meet on the NSB Tennis Courts for science activities and arts and crafts on Fridays at 10:00 am. Join us for rock painting, tie dye, paper crafts, and more at the courts. Based on how many kids' sign-up, we will order all ingredients for arts and crafts in advance. Sign-up is required, complete the Kids Korner Registration Form to sign-up for this event, and four volunteers are needed for each class. To volunteer, complete the SBIA Activities Volunteer Sign-up Form.
- SBIA Sunday Night at the Movies beginning June 30: Each Sunday at Sunset, bring your blanket and pillow to the NSB Tennis Courts to watch a kid's movie with your friends. This has been a tradition in NSB for many years! Check the SBIA website calendar for this summer's Movie Schedule. NOTE: Sunset occurs at different times at NSB, anytime between 8:20 (June/July) and 7:45 (July/August), depending on when the sunset occurs. *No sign-up is required.*
- Kid's Tie Dye Event Saturday, July 6 at 10am. This has been a big event and we will need MANY Volunteers! Get a souvenir NSB summer shirt and tie-dye it down at the courts. This is a first-come, first-served event. Feel free to bring your own white T-shirt just in case we run out. *No sign-up required.*
- Family NSB Softball beginning July 7: Head over to Nye Park in North Falmouth to play softball. You and your family can participate in playing or bring a chair and cheer your neighbors on to victory! Games start at 10:00 am on Sunday mornings--*No sign-up is required.*
- ♥ New Music, Movement, and Munchkins For ages 0-5: Sunday, July 7th, and Sunday, August 4th, at 9:30 a.m. Meet at the NSB playground and enjoy some toddler tunes, bubbles, Katie getting your kids moving and grooving, and yummy munchkins. *No sign-up required.*
- Kid's Bingo, July 11, August 8 at 4:00 pm: Come to the NSB Tennis Courts to play Bingo with your friends. Prizes will be given to every winner! Cost \$1.00 per Bingo card pack of four. Pay when you arrive and pick up your cards. Participants do NOT need to sign-up, BUT we need volunteers to help! You can sign-up to volunteer on the <u>SBIA</u> <u>Activities Volunteer Sign-up Form.</u>
- Kid's Fishing Tournament, July 13: Head out on your boat or head to the jetty for a fun morning of fishing! You can pick up a t-shirt to wear on the day of the fishing tournament at the JW NSB Store it costs \$10. Prizes for the biggest scup, sea bass, or bluefish!! A five-dollar (\$5) entry fee will be due before you submit your photo! You must sign-up to participate. Bait is included when you sign up. Sign-up on the Kids Fishing Tournament Form (remember to let us know if you want a t-shirt and what size). To volunteer, complete the SBIA Activities Volunteer Sign-up Form.

• NSB's Amazing Race, July 20: 6-11-year-olds will hunt first from 3-4 pm, and 12-18year-olds will hunt from 4-5 pm. Adults hunt at 5 pm. How well do you know New Silver Beach? Go on a hunt to locate pre-determined places around New Silver Beach. Each group entering must stay together and take pictures of each place found. There are 2-6 kids per group; 6-11-year-olds will hunt first from 3-4 pm, and 12-18-year-olds will hunt from 4-5 pm. The first group to successfully finish each category will receive a Somerset gift certificate. Everyone gets a treat upon completion of The Amazing Race. This event starts and ends at the tennis courts. *No sign-up required.*

♥ NEW—NSB Amazing Race Adults Edition—Teens and Kids create an Amazing Race for the adults to win OR the adults see if they know the beach better than their kids in the same race they just completed. *No sign-up required.*

Special NSB Amazing Race t-shirts can be purchased at the Silver Beach store for the 2024 Amazing Race.

- Kid's Crabbing Contest, August 10: How many crabs can you catch in one hour?? Head out on August 10 at 9:00 am to catch as many crabs as possible in one hour. You can pick up a t-shirt (random sizes will be available at the JW NSB Store) on the day of the crabbing contest at the JW NSB Store—it costs \$10. Crabs will be counted and photographed by each participant. Prizes will be awarded for the most crabs caught! Don't forget to release the crabs back into the jetty once you've submitted your catch! This event starts and finishes at the Silver Beach Avenue Beach Entrance. Participants do not need to sign up. To volunteer, complete the SBIA Activities Volunteer Sign-up Form.
- 3-on-3 Middle and High School Basketball Tournament, August 17 at 5:30 pm: Join us on the courts for a 3-on-3 middle school and high school basketball tournament. All teams will be co-ed and age-based. <u>CLICK HERE</u> to enter your team to play. All entries need to be in by no later than August 18. The winning team receives trophies and basketball GLORY! To volunteer, complete the <u>SBIA Activities Volunteer Sign-up</u> Form.

Check out the SBIA website for more information on your favorites! VOLUNTEER, VOLUNTEER, VOLUNTEER!!

SBIA Activities Volunteer Sign-up Form.

Beach and Other New Silver Beach Information

• **Beach Rules** (*printable copy included in the package*): Please <u>**post these rules**</u> at your home for your family, guests, and renters to see. The rules aim to ensure everyone's safety, including emergency and safety signals, and for the preservation of the beach. These rules will be monitored and enforced.

Email <u>newsilverbeach@gmail.com</u> SBIA Website Address <u>www.newsilverbeachassociation.org</u>

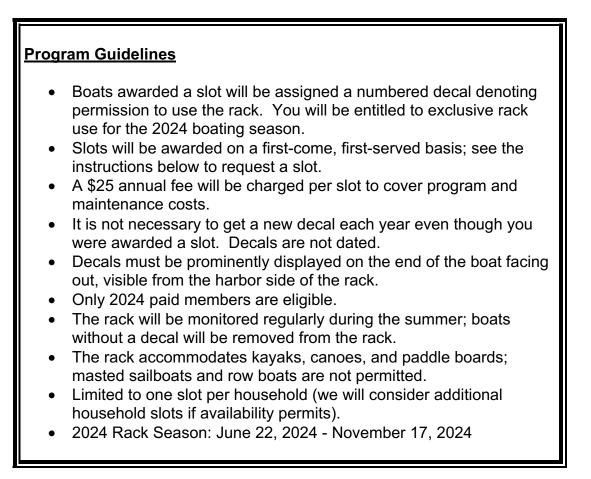
- **Membership Cards:** We will again hand out membership cards early in the summer. You can pick up your membership cards during regular business hours at the JW NSB Store or at the Membership Tables (volunteers are needed to staff tables, to volunteer, complete the <u>SBIA Activities Volunteer Sign-up Form</u>) at the beach entrances on most weekends and during activities and events. Please bring your card to the beach and activities and make them available for guests and renters. Beach monitor(s) and Board Members will randomly check membership cards.
- **Tennis Court Recommendations:** The Tennis Court area is for the use and pleasure of all our Association Members and their guests. They are open at 8:00 am each day and close at dusk. As has been recommended by our Tennis Court installer, there will be no rollerblades, skateboards, or bicycles on the court's surface. Asphalt is softer than concrete and permanent damage can occur. Please keep our Tennis Courts beautiful for everyone's use!
- **Dunes at Tennis Court:** Please do not put boats or kayaks on the dunes beside the kayak rack. This is an environmental concern aimed at protecting the dunes.
- Joanne Ward New Silver Beach Store (JW NSB Store): The JW NSB Store team has been working over the winter to prepare for the new summer season. We have many unique items that we hope you will enjoy! The JW NSB Store Committee is asking for volunteers to help in the store... if you have a couple of hours a week to donate back to our community, please contact Casey Quirk at <u>newsilverbeach@gmail.com</u> or complete the <u>SBIA Activities Volunteer Sign-up Form.</u>

A **printable calendar** is included as part of the Membership Package for those who would like to leave a calendar in their rental property or for family members. This calendar is a snapshot in time and will not be updated with changes. The online Calendar on our website will be updated as changes occur.

BOAT RACK PROGRAM

Several years ago, the Board defined a program that allowed us to organize and manage the racks to benefit you, our members. (*Program guidelines are listed below.*) Based on interest in the program, we also built two new racks, tripling the capacity!

Members can apply for a slot on the rack (See Requesting a Rack Slot) for the 2024 season. Slots will be awarded on a first-come, first-served basis.



Requesting a Rack Slot

The enclosed membership form includes a line item to request a slot. Simply check the box to the left of "Boat Rack Slot." Also, please check the box for the type of boat you are requesting a slot for (kayak/canoe or paddle board). Include your \$25 payment with your membership dues payment.

- Slots will be awarded on a first-come, first-served basis.
- A full refund will be provided for paid requests who were not awarded a slot.

For additional information and questions, please email us at: newsilverbeach@gmail.com

Email <u>newsilverbeach@gmail.com</u> SBIA Website Address <u>www.newsilverbeachassociation.org</u>

Silver Beach Improvement Association 2024 MEMBERSHIP FORM

(Please Print)

PLEASE FILL OUT ALL FIELDS BELOW. DO NOT LEAVE ANY BLANK SPACES. MEMBER INFORMATION

MEMBER'S NAME(S):							
MAILING ADDRESS(S): (Street Address, City, State, Zip)							
MAILING ADDRESS	NEW SILVER BEACH ADDRESS						
PHONE NUMBER(S): (List landline and cell numbers)							
EMAIL ADDRESS(S): (Please list all emails you want to get weekly updates to.)							

2024 (Check Appropriate Box)	Amount	Make Checks Payable to SBIA. (Payment is due PRIOR TO June 22, 2024)					
	\$350	Regular Membership (<i>Regular membership is requested for each property owned, including rentals</i>)					
	\$135	Senior Membership (any household with a member over age 65 as of January 1) If you rent your home, regular membership is required.					
	\$175	Junior Membership (non-homeowner living with a regular or senior member)					
	\$25	Boat Rack Slot Specify type: Kayak/Canoe Paddleboard					

Boat Rack Program: Rack slots will be awarded on a first-come, first-served basis. Limited to one (1) slot per household. User recognizes SBIA is not responsible for any damage to your boat for any reason whatsoever.

PLEASE COMPLETE THIS FORM AND SEND YOUR CHECK NO LATER THAN JUNE 22, 2024 TO:

Mr. Ron Fernandes Post Office Box 792 North Falmouth, MA 02556

Please feel free to contact us with any questions at: <u>newsilverbeach@gmail.com</u>

Silver Beach Improvement Association BEACH RULES FOR 2024

Beach Access & Beach Staff

- Association beach, lifeguards, raft, and swim lessons are intended for SBIA members, their families, and guests; please display your membership card at the beach.
- Lifeguards are on duty from June 24th through August 16th.
- 9:00 am to 5:00 pm daily or as posted.
- Swimming lessons, Monday through Friday; <u>CLICK HERE</u> to sign-up online.

Water Safety Guidelines

(any issues, please alert the Lifeguards)

- Emergency Signals
 - **ONE LONG WHISTLE ATTENTION**
 - \circ $\;$ TWO LONG WHISTLES CLEAR THE WATER IMMEDIATELY!
- Flotation devices are prohibited on and accessing the raft.
- No pushing on the raft, no swimming under the raft, and no diving off the raft.
- Paddleboards, kayaks, windsurfers, etc., should be launched at the fishing jetty and are not permitted within the swim area during beach hours.

Beach Safety & Cleanliness Guidelines

(any issues, please notify the Beach Committee)

- Coolers and food should not be brought onto the beach; they should be left on the wall at the entrances. Picnic tables are available at the courts.
- Alcoholic beverages and coolers are prohibited on the beach.
- Glass containers are prohibited.
- Our beach is a carry-in/carry-out area, and please remove all trash as you leave.
- Beach tents are prohibited.
- The lifeguards reserve the right to ask members and guests to remove or relocate umbrellas.
- Animals are NOT permitted on the beach from May 1 to October 1, per Town of Falmouth beach regulations.
- Smoking and vaping are prohibited.
- Littering is NOT permitted on the beach.

Entrance Safety

- Keep beach entrances clear and accessible for emergency personnel.
- Be mindful of handicapped parking areas and emergency vehicle/fire lane areas designated by the Town of Falmouth.

Thank you for being respectful and courteous to your neighbors and our beach!

RULES FOR MOSES ROAD BEACH ASSOCIATION

The SBIA and ownership of the Moses Road Beach Association has agreed upon the following rules:

- 1. The SBIA Beach Rules shall apply, including prohibiting coolers, alcohol, and glass on the beach.
- 2. Members of the Association and their guests may use the beaches, but if asked by one of the owners of the property to give them space, SBIA members and their guests shall comply.
- 3. No parking of SBIA members' or their guests' vehicles on the property, nor blocking owners' access to their parking area at the corner of Moses Road and Ocean View Avenue.
- 4. Please respect the owners of the property and their wishes.

UPDATE: RULES FOR WEST AVENUE BEACH "BABY BEACH"

The beach adjacent to the parking lot/playground (near the harbor) affectionately known as "Baby Beach" shall be for the sole use of SBIA Members and their guests.

- > Beach Rules similar to those of the SBIA shall apply, including prohibiting coolers and alcohol.
 - Coolers and food should not be brought onto the beach.
 - Alcoholic beverages are prohibited.
 - Glass containers are prohibited.
 - No storing of dinghies or small boats on the West Ave beach. Dinghies must be stored at the public Grove Street beach.
- > All kayaks must be placed on the racks or taken home, not left on the West Ave beach.
- No one is allowed on the stone seawall or boulders along the property for any reason. There is no access to the beach along or through the properties on Moses Road.

NOTE: This beach will not have lifeguard on duty and swimming in the inner harbor, which is an active boating harbor, is not advised. Please use the beach only at your own risk.

Thank you for being good neighbors and following these rules!

Silver Beach Improvement Association TENNIS COURT RECOMMENDATIONS

Our tennis courts are where our activities really start. Our courts are open each morning at 8 am and close at dusk. Children take tennis lessons there, kids meet for friendly get-togethers there in the summer, folks meet to play Pickleball, Tennis, and Basketball, and many of our SBIA events are held on the courts. It's what we had in mind all along, right?

Something you didn't have in mind, though, is what seems to be happening with increased frequency. Members are complaining that folks have had a fast-food picnic overnight and left food wrappers, empty bottles, etc. lying around.

You show up to play and end up having to clean up the mess, and suddenly, you become aware of several other problems. Someone has allowed their children to use one court to ride their collapsible scooters because the surface is marked. On another court, there are permanent black marks because someone has allowed their children to ride their bikes and skateboard.

The same thing that makes our Association courts great — the fact that any member or guest can use them — is the same thing that threatens them: anyone can use them (and, unfortunately, abuse them).

Save Our Surface

A tennis court is built with certain traffic in mind, namely court shoes and tennis and pickleballs. It's not set up to accommodate skateboards, inline skates, bikes, scooters, and other uses, and the surface is going to be marked up by basketball shoes, street shoes, and so forth.

Signs have been posted stating the rules (no skates, bikes, etc. on the surface). Unfortunately, that only works for those who read the signs and obey the rules, two ingredients that are often missing from those who are abusing the courts.

What Can We Do?

We will continue to lock the gates at night and ask that our nighttime security check the area on their rounds. We are scheduling more activities in the daytime hours to keep the courts busy. Courts that see a lot of player traffic are less likely to sit idle and less likely to be used the wrong way or even abused. We ask our members to be vigilant in keeping skates, bikes, etc., off the surface to protect the courts for future use.

SBIA Summer 2024

			June 2024			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 17 18 19 20 21 Please review our summer calendar for special events and go to our website to sign-up for activities! (newsilverbeachassociation.org) Childrens activites: swimming, kids korner (arts and crafts), bingo, and more! Sign up and bring your membership badge to all activities! Volunteers needed!						22 Beach cleanup 9ar 12pm @ tennis courts Summer Kick-off Welcome Party 7- 10pm @ Tennis
23	24	25	26	27	28	Courts 29
23	NSB Gets Fit Boot Camp 8-9am		NSB Gets Fit Boot Camp 8-9am	NSB Pound Fit 8:00- 8:45am Tennis Courts	NSB Gets Fit Boot Camp 8-9am	COURT OPEN PLAN 9:15am-9:15pm
Advanced Sr	Sr Pickleball 9:15- 11:15 Tennis Courts	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	COURT OPEN PLAY 9:15am-9:15pm	Sr Pickleball 9:15- 11:15 Tennis Courts	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	
Pickleball 9:15- 11:15 Tennis Courts	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Kids Korner 10- 11am Arts & Crafts Swim lessons	
					10am-12:30pm	
			July 2024			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 NSB Gets Fit Boot	2	3 NSB Gets Fit Boot	4 Horribles Parade	5 NSB Gets Fit Boot	6 COURT OPEN PLA
Advanced Sr Pickleball 9:15-	NSB Gets Fit Boot Camp 8-9am Sr Pickleball 9:15- 11:15 Tennis Courts	Advanced Sr Pickleball 9:15-	NSB Gets Fit Boot Camp 8-9am COURT OPEN PLAY 9:15am-9:15pm	Horribles Parade 10:00-12:00pm Swim lessons 10am-12:30pm	Camp 8-9am Advanced Sr Pickleball 9:15-	COURT OPEN PLA 9:15am-9:15pm
11:15 Tennis Courts Movies at Tennis Courts 8:30-10:30	Swim lessons 10am-12:30pm	11:15 Tennis Courts Swim lessons 10am-12:30pm	SBIA Beach Races 1:00-3:00pm		11:15 Tennis Courts Swim lessons 10am-12:30pm	Kids Tie Dye Even 10am
			Swim lessons 10am-12:30pm			
7 NSB Softball Nye Park 10:00-12:00pm	8 NSB Gets Fit Boot Camp 8-9am	9 Water Aerobics 8-8:45	10 NSB Gets Fit Boot Camp 8-9am	11 Cardio Boxing Class Ages 12 and Older 8:00-8:45am	12 NSB Gets Fit Boot Camp 8-9am	13 KIDS FISHING TOURNAMENT
Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	Sr Pickleball 9:15- 11:15 Tennis Courts	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	COURT OPEN PLAY 9:15am-9:15pm	Sr Pickleball 9:15- 11:15 Tennis Courts	Water Aerobics 8-8:45	
Music, Movement & Munchkins Ages 0-5 9:30am	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	COURT OPEN PLA 9:15am-9:15pm
Movies at Tennis Courts 8:30-10:30				Kids Bingo 4-5:00 Tennis Courts	Swim lessons 10am-12:30pm	
14	15	16	17	18	19	20
NSB Softball Nye Park 10:00-12:00pm	NSB Gets Fit Boot Camp 8-9am	Water Aerobics 8-8:45	NSB Gets Fit Boot Camp 8-9am	NSB Pound Fit 8:00- 8:45am Tennis Courts	NSB Gets Fit Boot Camp 8-9am	COURT OPEN PLAN 9:15am-9:15pm

Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Movies at Tennis Courts 8:30-10:30	Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	COURT OPEN PLAY 9:15am-9:15pm Swim lessons 10am-12:30pm	Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	Water Aerobics 8-8:45 Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm Kids Korner 10-	NSB's Amazing Race 6- 11 year olds 3-4pm/ 12-18 year olds 4- 5pm/ Adults 5pm Illumination Night		
					11am Arts&Crafts			
21 NSB Softball Nye Park 10:00-12:00pm Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Movies at Tennis Courts 8:30-10:30	22 NSB Gets Fit Boot Camp 8-9am Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	23 Water Aerobics 8-8:45 Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	24 NSB Gets Fit Boot Camp 8-9am COURT OPEN PLAY 9:15am-9:15pm Swim lessons 10am-12:30pm	25 Cardio Boxing Class Ages 12 and Older 8:00-8:45am Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	26 NSB Gets Fit Boot Camp 8-9am Water Aerobics 8-8:45 Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm Kids Korner 10- 11am Arts&Crafts	27 COURT OPEN PLAY 9:15am-9:15pm NSB Adult Social 6- 10pm		
28 NSB Softball Nye Park 10:00-12:00pm Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Movies at Tennis Courts 8:30-10:30	29 NSB Gets Fit Boot Camp 8-9am Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	30 Water Aerobics 8-8:45 Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	31 NSB Gets Fit Boot Camp 8-9am COURT OPEN PLAY 9:15am-9:15pm Swim lessons 10am-12:30pm	Camp 8-9am DURT OPEN PLAY 9:15am-9:15pm Swim lessons 10am-12:30pm Illumination Night July 20th! Come celebrate & decorate your house! Let's light up the night! NSB Adult Social July 27th at 6pm Join us to share mid- summer stories with friends!				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Special Events for AUGUST: Adult Cornhole, Adult Golf Outing, Kids Crabbing Contest, and 3on3 Basketball tournament for Middle/High school teens! Don't forget to sign up on our website so you don't miss out! Volunteers ALWAYS needed!			1 NSB Pound Fit 8:00- 8:45am Tennis Courts Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	2 NSB Gets Fit Boot Camp 8-9am Water Aerobics 8-8:45 Annual SBIA Golf Outing Cape Cod Country Club Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm Kids Korner 10- 11am Arts&Crafts	3 COURT OPEN PLAY 9:15am-5:30pm			
4	5	6	7	8	9	10		
NSB Softball Nye Park 10:00-12:00pm	NSB Gets Fit Boot Camp 8-9am	Water Aerobics 8-8:45	NSB Gets Fit Boot Camp 8-9am		NSB Gets Fit Boot Camp 8-9am	COURT OPEN PLAY 9:15am-6pm		
Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	Sr Pickleball 9:15- 11:15 Tennis Courts	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	COURT OPEN PLAY 9:15am-9:15pm	Sr Pickleball 9:15- 11:15 Tennis Courts	Water Aerobics 8-8:45	KIDS CRABBING CONTEST 9am		

SBIA Summer 2024

NEW Music, Movement & Munchkins Ages 0-5 9:30am	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts Swim lessons 10am-12:30pm	ADULT CORNHOLE TOURNAMENT (21 AND OVER) 6-10PM Tennis Courts
Movies at Tennis Courts 8:30-10:30				Kids Bingo 4-5:00 Tennis Courts		
11 NSB Softball Nye Park 10:00-12:00pm Advanced Sr Pickleball 9:15-	12 NSB Gets Fit Boot Camp 8-9am Sr Pickleball 9:15- 11:15 Tennis Courts	13 Water Aerobics 8-8:45 Advanced Sr Pickleball 9:15-	14 NSB Gets Fit Boot Camp 8-9am COURT OPEN PLAY 9:15am-9:15pm	15 Sr Pickleball 9:15- 11:15 Tennis Courts	16 NSB Gets Fit Boot Camp 8-9am Water Aerobics 8-8:45	17 COURT OPEN PLAY 9:15am-5:15pm
11:15 Tennis Courts Movies at Tennis Courts 8:30-10:30	Swim lessons 10am-12:30pm	11:15 Tennis Courts Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Swim lessons 10am-12:30pm	Advanced Sr Pickleball 9:15- 11:15 Tennis Courts LAST Swim lessons 10am-12:30pm	3 ON 3 Middle/High School Basketball Tournament 5:30pm
18 Advanced Sr Pickleball 9:15- 11:15 Tennis Courts NSB Softball Nye Park 10:00-12:00pm	19 NSB Gets Fit Boot Camp 8-9am Sr Pickleball 9:15- 11:15 Tennis Courts	20 Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	21 NSB Gets Fit Boot Camp 8-9am COURT OPEN PLAY 9:15am-9:15pm	22 Sr Pickleball 9:15- 11:15 Tennis Courts	23 NSB Gets Fit Boot Camp 8-9am Advanced Sr Pickleball 9:15- 11:15 Tennis Courts	24 ASSOCIATION ANNUAL MEETING 10-11AM Tennis Courts MEMBERS ONLY END OF SUMMER COOKOUT 6-10PM
25 NSB Softball Nye Park 10:00-12:00pm	26	27	28	29	Have a Great School Year!	